

Amara Charles

Spiritual Sexuality for
Health and Harmony

*A Woman's
Way to Lead*

*Shakti Queen Certification
and Teacher Training Program*



A WOMAN'S WAY TO LEAD

Shakti Queen Certification and Teacher Training Program

Outline of Certification Process and What You Will Be Qualified to Teach

A Woman's Way to Lead is a movement designed to teach, inspire, and empower women to live with pleasure, passion, and purpose by applying the Sacred Feminine Arts to our modern way of living.

Our Vision and Mission

- To empower women in the Sacred Feminine Arts so they can care for themselves, their families, and communities from a place of nurturing power.
- To teach women how to honor their natural biorhythms and reposition what it means to be a leader in our world today.
- To share and educate with the powerful tools women can use to lead with less resistance and energy depletion.
- To bring awareness of how to honor and balance our masculine and feminine energy so that we can lead with beauty and power.
- To create a global community of powerful women who will uplift and support each other as we pursue our passion, purpose, and pleasure in the world.
- To nourish our ultimate goal of having women in power who will incorporate these teachings into daily life and influence change for our people and our planet.
- To form a team of influencers who will share these same desires and who will join with us to inspire a growing awareness that we, as powerful women, can change the world.

The Two Training Tracks for the AWWL Online Course

1. **Student Track:** You are choosing to utilize this material for personal growth.
2. **Teacher Track:** You desire to qualify to teach material from this program and/or ultimately you desire to facilitate your own Shakti Queen Retreats.

How you participate in this course is up to you. If your desire is to teach, please email womenlead@amaracharles.com and provide your full name, email address, and that your desire is to participate in the teacher track.



THE STUDENT TRACK

The Student Track is for women who desire to sharpen their leadership skills and refine their ability to discern and listen to their innate feminine wisdom and intuition, and is a strong personal development program.

Participation in this track will grant you:

- Greater awareness of your heart's desires and inner wisdom
- Purposeful guidance and tools to help you expand your vision
- Exercises, techniques, and strategies to actualize your goals
- Easy, daily ways you can bring more pleasure, passion, and purpose into your life
- Practices that will help you awaken and nourish your dreams and life mission
- Membership and access to a growing community of like-minded women from around the world

Requirements for Certification:

- View all videos, audios, and PDF files to demonstrate 100% completion of A Woman's Way to Lead online course

Benefits of Certification:

- Periodic live community calls with our leadership team (calls will be recorded and made available)
- Lifetime access to A Woman's Way to Lead online program
- Invitation to attend our annual live Shakti event (cost not included in the online course fee; attendance is optional)
- Hold your own Shakti Book Club where you can facilitate a guided conversation based on material we provide (books for the club are sold in packets)
- A Woman's Way to Lead Certificate of Completion

The program is designed to be completed in 12 months; however, you will have lifetime access to the online modules and course materials. You will receive a Certificate of Completion after reviewing all videos, modules, and course materials and will qualify as a graduate of A Woman's Way To Lead online course.

The Student Track

If at any time in the future you decide to join the Teacher Track, you will have the opportunity to do so upon demonstrating proficiency in the teachings and exercises and submitting the necessary requirements to qualify as a Level One Practitioner.

We also offer an optional **Shakti Membership Student Track**, where you will be supported by the teachers and the community throughout the time needed to complete the course. This track will provide you with these additional benefits:

- Monthly invitation to all A Woman's Way to Lead Community Virtual Circles
- The ability to hold your own Shakti Book Club Circles, where you will be provided material and resources to facilitate a conversation related to the *Jade Egg Dreaming Ceremony* e-book, *Breast Exercises*, *Lovers Type*, and *Sexual Agreements*
- Invitation to join the Teacher Track at any time upon completion of AWWL material and consultation with Amara and Shyena



THE TEACHER TRACK

The teacher track is for women who aspire to gain qualifications and certifications to teach these Sacred Feminine Arts in addition to all of the benefits listed in the Student Track. The Teacher Track offers four levels of Training Certification. Each Certification Level will grant you specific teaching and sharing privileges based on demonstrated proficiency in the teachings and exercises.

The program is designed to be completed in 12 months; however, you will have lifetime access to the online modules and course materials.

On the **Shakti Membership Teacher Track**, you will be supported by the teachers and the community throughout the time needed to accomplish your desired level of Teacher Training. This is the year of substance where we will be focusing on embodying A Woman's Way to Lead and further developing you and your power story, solidifying how you will share your gifts. It provides the structure to fulfill the Teacher Track practical hours, and includes:

- Monthly exclusive Teacher Training Guidance via video chat to support your understanding of the material and to interact with our Teacher Track community
- Monthly access to all A Woman's Way to Lead Community Virtual Circles
- Workbook to track hours for all levels of the Teacher Track
- Two coaching sessions per year with any one of the creative team, including Amara, Shyena, and Joella
- Be a Shakti Mentor for the next enrolled student wave and develop your mentoring skills
- Exclusive material to share in your circles that may include teaching outlines/ curriculum, group exercises, group and/or personal ceremonies, etc.
- An invitation to attend live gatherings exclusively for the teacher training (cost for retreat and associated fees are not included)
- Invitation to the Pioneer Circle ONLY to be a part of A Woman's Way to Lead Board of Directors

Level One: Shakti Practitioner

Shakti Practitioners are certified to share what they have learned from AWWL with small groups of friends, family, and in Shakti Circles. They will embody the integrity of female leadership set forth by AWWL. By representing AWWL and the Sacred Feminine Arts, they will take full responsibility for sharing what they have learned in a positive way to ensure that the essence of these teachings and practices are not diluted. They will let their circles know that they are sharing as a Shakti Practitioner of the Sacred Feminine Arts.

Requirements for Shakti Practitioner Certification at this level:

- Completion of the 12 Module AWWL Course
- All Gongs must be completed and submitted
- All worksheets and guides must be completed and submitted
- Must attend a Shakti Queen Retreat (workshop and travel fees not included)
- Co-lead one of the exercises to a group at a live retreat (Gong for that teaching must be handed in to show experience with that teaching)

What Shakti Practitioners will be certified to do:

- Based on submitted tracked practical hours, you will be allowed to share the teachings and exercises you have practiced with a small group of friends, family, and in Shakti Circles
- Provide mentorship to other students enrolled in A Woman's Way to Lead

Level Two: Shakti Intern

After having completed all requirements at the Shakti Practitioner Level and demonstrated proficiency in specific teachings and exercises (determined by the leadership team), Shakti Practitioners may then qualify as Shakti Interns. Shakti Interns are qualified to hold their own Shakti Queen Circles, where they can teach and lead the skills in which they have demonstrated mastery (based on completion of Certification Manual and live presentation).

At this level, Shakti Interns will have the privilege of sharing AWWL wheel teachings and other learned perspectives by weaving them into already established classes and coursework. A Shakti Intern will uphold all standards of excellence as established by AWWL Leadership Team and will have increased responsibility as a representative of the Sacred Feminine Arts.

Requirements for Shakti Intern Certification at this level:

- Complete all requirements at the Shakti Practitioner Level
- Complete the additional practical hours to demonstrate experience and mastery (as described in workbook and live presentation)
- Attend any two Shakti Queen Retreats (retreat fees not included in program costs)
- Receive training on enrollment and marketing and help Shakti Queen Teaching Team with two events (logistical support)
- Attend AWWL Shakti Queen Live Training upon completion of these requirements, and lead/co-lead exercises and teachings as determined by staff of that event (retreat fees not included in program costs)
- Complete a certain number of Shakti Mentor hours to qualify for your Coaching Certificate

The Teacher Track

What Shakti Interns will be certified to do:

- Partner with leading teachers Amara Charles and Shyena Venice to market and enroll one Shakti Queen Retreat
- Hold their own Shakti Queen Circles where they can teach and lead the skills they have demonstrated mastery based on practical hours (as outlined in workbook and live presentation)
- Share AWWL wheel teachings and other learned perspectives by weaving them into already established classes/coursework
- Provide mentorship to other students enrolled in A Woman's Way to Lead
- Become a Certified Shakti Coach

Level Three: Shakti Trainer

The Shakti Trainer Program is for women who have completed all requirements at the Shakti Practitioner and Shakti Intern Levels and demonstrated maturity and proficiency in the Sacred Feminine Arts (as outlined in workbook and live presentation). Trainers will have the opportunity to co-produce Shakti Queen Retreats for leading teachers Amara Charles and Shyena Venice. As a co-producer of a Shakti Queen Retreat, Trainers will be a part of the teaching staff and will be involved in all aspects of the retreat, including marketing and enrolling participants, logistical support, and assisting in the teachings, exercises, and ceremonies at the retreat.

Requirements for Shakti Trainer Certification at this level:

- Complete all requirements at the Shakti Intern Level
- Complete the additional practical hours to demonstrate experience and mastery (as outlined in workbook and live presentations)
- Must have attended all levels of Shakti Queen Retreats (retreat fees not included)
- Co-produce a Shakti Queen retreat with leading teachers Amara Charles and Shyena Venice
- Must submit video recording of self teaching Shakti Queen principles to personal circle

What Shakti Trainers will be certified to do:

- Co-produce Shakti Queen Retreats for leading teachers Amara Charles and Shyena Venice
- Assist in teachings and exercises at a Shakti Queen Retreat
- Assist at the Shakti Queen Live Training
- Host and lead a live AWWL Community Call
- Co-teach a Shakti Queen Retreat with Amara Charles and Shyena Venice

Level Four: Shakti Master Facilitator

Shakti Master Facilitators have completed all the requirements of the first three Levels of AWWL Teacher Track, plus additional practical hours and requirements to demonstrate experience and mastery of these skills. In addition, these women must also have earned the right to be a sacred pipe carrier with the Sweet Medicine Path of Turtle Island. Master Shakti Facilitators have exemplified integrity as representatives and leaders of the Sacred Feminine Arts.

After receiving a Master Shakti Facilitator Certification, these leaders will have the opportunity to join the leadership team of AWWL and have full autonomy to produce and teach their own Shakti Queen Retreats. Upon graduation, they will have opportunities for continued development as a leader by mentoring other Teacher Track participants.

Requirements for Master Shakti Facilitator Certification at this level:

- Complete all requirements at the Shakti Trainer Level
- Complete the additional practical hours to demonstrate experience and mastery (as outlined in workbook and live presentations)
- Produce a Shakti Queen Retreat and have Amara Charles and/or Shyena Venice as a guest teacher
- Must submit video recording of self teaching Shakti Queen Retreat

What Master Shakti Facilitators will be certified to do:

- Lead Shakti Queen retreats autonomously
- Become one of the Board of Directors for A Woman's Way to Lead



FEES AND ASSOCIATED COSTS

Fees are as of September 1, 2018 and are subject to change

Student Track

A Woman's Way to Lead Online Program:\$2,999

Continuing Education - Shakti Membership Student Track:\$500/year

(One payment or monthly payments of \$50)

- Monthly invitation to join AWWL Community Virtual Circles
- Hold your own Shakti Book Club with materials we provide to guide you
- Join the Teacher Track when ready while still progressing at your own pace

Teacher Track

A Woman's Way to Lead Online Program:\$2,999

Continuing Education - Shakti Membership Teacher Track:\$1,100/year

(One payment or monthly payments of \$100)

1. Shakti Practitioner

- Provide mentorship to the next wave
- Teach selected trainings to small circles based on submitted practical hours

2. Shakti Intern

- Shakti Queen Coaching Certification
- Lead some of the exercises at live Shakti Queen Retreats based on submitted practical hours

3. Shakti Trainer

- Co-produce Shakti Queen Retreats
- Co-teach aspects of the teachings at Shakti Queen Retreats

4. Shakti Queen Master Facilitator

- Lead your own Shakti Queen Retreats autonomously